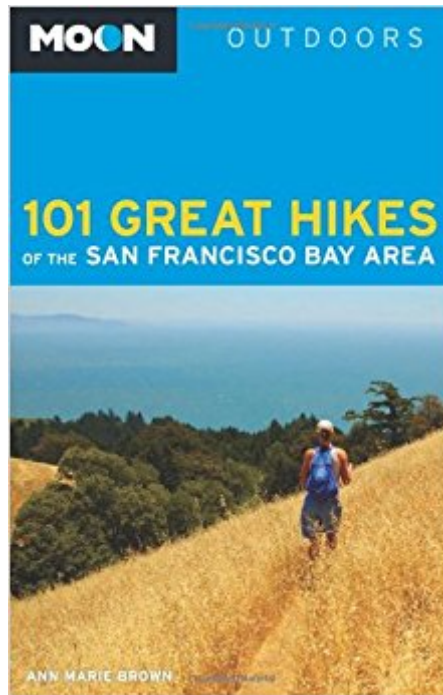


The book was found

Moon 101 Great Hikes Of The San Francisco Bay Area (Moon Outdoors)



Synopsis

Avid hiker and experienced travel writer Ann Marie Brown knows the best places to hike in the San Francisco Bay Area, from ocean-front and mountain trails to scenic walks through Wine Country. This fifth edition of Moon 101 Great Hikes of the San Francisco Bay Area includes new hikes, as well as a handy trail map for Marsh and South Pasture Loop. With helpful icons indicating access to historic sites, trails that are appropriate for children, wheelchair-accessible trails, and trailheads that can be accessed via public transportation, this guide is perfect for inexperienced and expert hikers alike. Complete with difficulty levels from 1 to 5, Moon 101 Great Hikes of the San Francisco Bay Area provides hikers with first-rate expert advice and all the necessary tools to head outdoors.

Book Information

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Customer Reviews

Many people love San Francisco and the surrounding communities. I love the surrounding park lands. About twice a year I travel to the Bay Area to hike and explore some of the best off season hiking in the state. Early November is my favorite, but late March and early April are also nice. But you can find superb hiking any time of year in the Bay Area. State parks, various regional park districts, and two spectacular national park units, Point Reyes National Seashore and the Golden Gate National Recreation Area, vie for the attention of hikers. There are of course many good guidebooks to the Bay Area, but I have all three editions of this book and it is by far the best. This book has the most rigorous day hikes and the broadest selection of trails for the area. Although the Bay Area does include some long trails, the Skyline to the Sea Trail through Big Basin Redwoods,

and the East Bay Skyline Trail being the best of these (Ms. Brown describes these and other trails in her introduction to the book) this guide is focused on day hikes, although several of the routes would make for a pleasant overnight trip. Unlike many day hike books, however, 101 Great Hikes features a broad diversity of trails, from short treks to the very scenic Point Bonita Lighthouse, now reopened, to several long and arduous treks that will challenge the stamina of many fit outdoor athletes. The trips to Murrieta Falls and the Grand Loop through Mt. Diablo fall into this category. Readers can find something for everyone in this book, and the chances are good that once you start exploring, you will want to do more. What's new in this edition: a lot more of Napa and Sonoma counties.

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